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|---|--|---|
|  | <p>MEDICAL EXAMINATION FORM OFFSHORE CONTRACTOR PERSONNEL OCCUPATIONAL HEALTH</p> | <p>IP-MS-001 REG.NO. DATE:</p> |
|---|--|---|

SECTION A - HEALTH SCREENING QUESTIONNAIRE

1. PERSONAL DETAILS: To be completed by the examinee or company representative

| | |
|------------------------------------|---|
| Full name: | Gender: <input type="checkbox"/> M <input type="checkbox"/> F |
| Nationality: | Date of Birth: ID No.: |
| Job Title: | |
| Company Name: | |
| Sponsor Dept: | |
| Home Address: | |
| Mobile: | Email: |
| Supervisor Name: | Mobile: |
| Your Doctor Name: | |
| Phone No.: | |
| Date of previous offshore medical: | Date of T- BOSIET Course: |

2. SOCIAL/OCCUPATIONAL HISTORY: To be completed by the examinee, seek assistance from medical staff if required

| | |
|--|--|
| Do you smoke? <input type="checkbox"/> Yes <input type="checkbox"/> No | If an ex-smoker, when did you give up? |
| If yes how many per day? | |
| Do you drink alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No. If yes mention weekly consumption. | |
| Have you ever been exposed to below mentioned occupational hazard? (Tick as appropriate) | |
| <input type="checkbox"/> Noise <input type="checkbox"/> Radiation <input type="checkbox"/> Dusts <input type="checkbox"/> Asbestos <input type="checkbox"/> Chemicals <input type="checkbox"/> Lead | |
| Have you ever developed any medical condition due to your occupation? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| If yes (Tick as appropriate) | |
| <input type="checkbox"/> Hearing Loss <input type="checkbox"/> Skin condition <input type="checkbox"/> Wheeze <input type="checkbox"/> Backache <input type="checkbox"/> Muscle strain <input type="checkbox"/> Blood diseases | |
| Have you ever suffered any industrial injury? If yes give details below: | |
| | |
| Have you had any previous audiometric screening? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| If yes was it normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| Have you had previous lung function test? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| If yes was it normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| Have you ever been rejected from employment on medical grounds? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| Have you ever been medically evacuated from worksite? <input type="checkbox"/> Yes <input type="checkbox"/> No | |

3. MEDICAL HISTORY: To be completed by the examinee, seek assistance from medical staff if required

| Do you have or had below health conditions | No | Yes | (Tick as appropriate, if yes give details) |
|--|--------------------------|--------------------------|--|
| Chest pain/Heart disease | <input type="checkbox"/> | <input type="checkbox"/> | |
| High Blood pressure | <input type="checkbox"/> | <input type="checkbox"/> | |
| Diabetes | <input type="checkbox"/> | <input type="checkbox"/> | |
| High Cholesterol | <input type="checkbox"/> | <input type="checkbox"/> | |
| Asthma | <input type="checkbox"/> | <input type="checkbox"/> | |
| Epilepsy | <input type="checkbox"/> | <input type="checkbox"/> | |
| Peptic ulcer disease | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any Kidney problem | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any Psychiatric problem | <input type="checkbox"/> | <input type="checkbox"/> | |
| Tuberculosis | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any type of cancer / tumor | <input type="checkbox"/> | <input type="checkbox"/> | |
| Backache / joint or muscular pain | <input type="checkbox"/> | <input type="checkbox"/> | |
| Hernia | <input type="checkbox"/> | <input type="checkbox"/> | |
| Visual impairment | <input type="checkbox"/> | <input type="checkbox"/> | |
| Perforated ear/ discharge | <input type="checkbox"/> | <input type="checkbox"/> | |



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| Do you have or had below health conditions | No | Yes | (Tick as appropriate, if yes give details) |
|---|--------------------------|--------------------------|--|
| Recurrent indigestion | <input type="checkbox"/> | <input type="checkbox"/> | |
| Jaundice /Gall stones | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any type of Hepatitis | <input type="checkbox"/> | <input type="checkbox"/> | |
| Change in bowel habit / diarrhoea | <input type="checkbox"/> | <input type="checkbox"/> | |
| Blood in stool / piles, hemorrhoids | <input type="checkbox"/> | <input type="checkbox"/> | |
| Shortness of breath | <input type="checkbox"/> | <input type="checkbox"/> | |
| Recurrent bronchitis / pneumonia | <input type="checkbox"/> | <input type="checkbox"/> | |
| Chronic cough | <input type="checkbox"/> | <input type="checkbox"/> | |
| Headaches / migraine / dizziness | <input type="checkbox"/> | <input type="checkbox"/> | |
| Varicose veins | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any skin problem | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any type of surgery | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any hospitalization in past 10 yrs. | <input type="checkbox"/> | <input type="checkbox"/> | |
| Fear of flying / heights / water | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any infectious diseases (e.g., Covid) | <input type="checkbox"/> | <input type="checkbox"/> | |
| Do you have any allergies | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any current illnesses | <input type="checkbox"/> | <input type="checkbox"/> | |
| Are you on any medication | <input type="checkbox"/> | <input type="checkbox"/> | |
| Undergoing dental treatment | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any dizziness / loss of consciousness | <input type="checkbox"/> | <input type="checkbox"/> | |

If you have / had any other medical condition not listed above? Please provide details below:

4. VACCINATION RECORDS: To be completed by the examinee, seek assistance from medical staff if required

| (Tick as appropriate) Yes | No | Date | (Tick as appropriate) Yes | No | Date | |
|---------------------------|--------------------------|--------------------------|---------------------------|---|---|---|
| Tetanus | <input type="checkbox"/> | <input type="checkbox"/> | Hep A | <input type="checkbox"/> | <input type="checkbox"/> | |
| Diphtheria | <input type="checkbox"/> | <input type="checkbox"/> | Hep B | <input type="checkbox"/> | <input type="checkbox"/> | |
| Varicella | <input type="checkbox"/> | <input type="checkbox"/> | Yellow Fever | <input type="checkbox"/> | <input type="checkbox"/> | |
| Typhoid | <input type="checkbox"/> | <input type="checkbox"/> | BCG | <input type="checkbox"/> | <input type="checkbox"/> | |
| Covid | <input type="checkbox"/> | <input type="checkbox"/> | Dates | <input type="checkbox"/> 1 st Dose | <input type="checkbox"/> 2 nd Dose | <input type="checkbox"/> 3 rd Dose |
| Other: | | | | | | |

5. CONSENT & DECLARATION: To be completed by the examinee

I hereby certify that personal health declaration above is true to the best of my knowledge. I hereby authorize the release of all my medical records to QatarEnergy / my employer / MOPH, examining / authorized physician in order to establish my fitness to work in an offshore environment. I am aware that offshore medical fitness card will not be issued in case of non-declaration of any known medical problem.

Date: _____ **Signature of Examinee** _____



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SECTION B - CLINICAL ASSESSMENT

6. NURSING ASSESSMENT: To be completed by designated nursing staff

| Height(cm) | Weight(kg) | BMI | Pulse(min) | BP (Take 2 nd reading if high) | BP (2 nd reading) | |
|----------------|------------|-------------|------------|---|-----------------------------------|---|
| | | | | | | |
| Distant Vision | | Near Vision | | Speech Discrimination | | Colour Vision |
| Uncorrected | Corrected | Uncorrected | Corrected | Right ear | Left ear | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal safe <input type="checkbox"/> Abnormal unsafe |
| R eye | | R | | <input type="checkbox"/> Normal | <input type="checkbox"/> Normal | |
| L eye | | L | | <input type="checkbox"/> Abnormal | <input type="checkbox"/> Abnormal | |

7. PHYSICIAN ASSESSMENT: To be completed by the examining Physician.

Comprehensive review of Health questionnaire is advised prior to clinical assessment. Any medical or surgical history must be elaborated below. For systemic examination, please mention (N) if Normal or (AB) if Abnormal. If abnormal, provide relevant details.

| | | |
|------------------|--|--|
| General | | |
| Eyes | | |
| ENT | | |
| Oral cavity | | |
| Teeth | | |
| Lungs/Chest | | |
| Cardiovascular | | |
| Abdomen | | |
| Hernial Orifices | | |
| Genitourinary | | |
| Musculoskeletal | | |
| Skin | | |
| Blood disorders | | |
| Neurological | | |
| Endocrinological | | |
| Metabolic | | |
| Cancer / Tumor | | |
| Infectious Dis. | | |

8. INVESTIGATIONS: Please mention (N) if Normal, (AB) if Abnormal or (NR) if Not Required. If abnormal, provide details.

| | | |
|---------------------|--|--|
| Chest Xray | | |
| ECG | | |
| Spirometry | | |
| Audiometry | | |
| VO ₂ max | | |

9. LAB RESULTS: Any abnormal laboratory result, please mention below and comment.



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10. HEALTH MONITORING AND MEDICAL SURVEILLANCE (√ as appropriate)

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Obesity | <input type="checkbox"/> Respiratory Dis. | <input type="checkbox"/> Liver Disorder | <input type="checkbox"/> Neoplasm |
| <input type="checkbox"/> Dyslipidaemia | <input type="checkbox"/> Abnormal ECG | <input type="checkbox"/> Kidney Disorder | <input type="checkbox"/> Mental Disorder |
| <input type="checkbox"/> Impaired FBS | <input type="checkbox"/> Cardiovascular Dis. | <input type="checkbox"/> Infectious Disease | <input type="checkbox"/> Hearing Conservation |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hyperuricemia | <input type="checkbox"/> Vision Correction | <input type="checkbox"/> Skin Disorder |
| <input type="checkbox"/> Elevated BP | <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Fatty liver | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Hyperthyroidism | <input type="checkbox"/> Asthma | <input type="checkbox"/> Not Applicable |
| <input type="checkbox"/> Others | | | |

SECTION C - FITNESS TO WORK CERTIFICATE

This certificate is invalid without candidate's photograph, examining physicians' signature, and official stamp.

| | |
|---------------|--|
| Name | Attach a recent passport size photograph |
| Date of Birth | |
| Qatar ID No. | |
| Nationality | |
| Company | |
| Job title | |

Above mentioned individual has been examined in accordance with QatarEnergy Offshore medical fitness guidelines and is declared:

- Fit for offshore work**
- Fit for offshore work with medical surveillance**
- Temporarily unfit for offshore work, review date:**

This certificate is valid from _____ to _____

| |
|---------------------------|
| Examining Physician Name: |
| Designation: |
| Practice license No.: |
| Licensing organization: |
| Medical center address: |
| Email: |

Examining Physician Signature and Stamp